



Building Stronger Communities, *Together*

Celebrating 15 years of Community Building with a Fresh Identity!

2019 marks our 15th year of serving the community in Kembangan Chai-Chee (KCC) and Bedok. From a humble beginning with just 2 staff in 2004, we are 18 strong today, providing a range of services for vulnerable families, children, youth and elderly.



Let's take a look at our key milestones over the last 15 years.

2004 The set up of Filos Community Service

2005 Membership with the National Council of Social Services. A Family Life Ambassador under the Ministry of Community, Youth and Sports

- 2006** Attained Institution of A Public Character status
- 2011** Conducted Sexuality Education programmes in Schools and Colleges islandwide
- 2012** Launch of The Eldersitter Programme for seniors with dementia
- 2016** Care in the Community Programme was piloted, providing integrated Social and Health care to vulnerable elderly
- 2017** Community Resource, Engagement and Support Teams started providing linkage services for persons with mental health issues
- 2019** Commencement of Community Intervention Team and Appointment as a Volunteer Centre for Bedok Town

As part of our 15th year celebrations, we launched a fresh identity with a new logo that signifies our passion and dedication to empower individuals as well as the community.

To our donors, sponsors, corporate partners, schools, institutions, dedicated staff and volunteers, we are immensely grateful for your faithful support and partnership to help serve our clients and beneficiaries. Thank you, and we look forward to many more years of building stronger communities, together!



PROGRAMME HIGHLIGHTS

Stop and Smell the Roses — Coilcraft x Filos Outing to Gardens by the Bay

10 JULY — In collaboration with Filos and the Kembangan-Chai Chee Senior Activity Centre (KCC SAC), 20 Coilcraft staff brought 40 seniors on a day excursion to enjoy the latest exhibits at Gardens by the Bay, "Rose Romance". Together, the Coilcraft staff and seniors walked through the exhibits, where the staff helped take photos and engage in meaningful conversations. After that,

the seniors were also treated to a delicious lunch from Texas Fried Chicken. This is the second year Coilcraft is volunteering with Filos and they are already planning for the next one. Thank you Coilcraft for organising such a wonderful outing for the seniors!

Inter- generational Lunch x Dialogue in the Dark @ VOX

13 JULY — Three Social Service Agencies, Filos Community Services, VOX @ Singapore's Children Society and Dialogue In the Dark (DID), came together for the first time to organize an inter-generational lunch for 15 seniors and 8 children from Filos.

Youth from VOX lovingly prepared fish and chips, grilled chicken chop, beverages and ice cream while the guides from DID did an amazing job of serving these beneficiaries. Judging from our beneficiaries' happy faces, they certainly enjoyed the lunch treat! It was heartwarming to see different individuals from all ages interact with each other in spite of their



differences and understanding the importance of carving their own paths in life!



STORY OF THE MONTH

Empowered to Empower — Meet Uncle Poh, our beneficiary who is now our regular volunteer

These are the words that Mr Poh Shou Seng, 67, he talks about reaching out to the elderly. Having lived in Chai Chee for more than 10 years, Mr Poh, or “Uncle Poh” as he is fondly addressed, knows his neighbourhood well.

“Always look on a bright side.”

[Read More](#)

VOLUNTEERING OPPORTUNITIES

Make a difference in someone's life and volunteer with us today!

If you are thinking of ways to give back to the community beyond making a donation, the next step could be to share your skills or time for a great cause!

Check out the various volunteering opportunities at Filos and within the Bedok Town below!

“ We make a living by what we get, we make a life by what we give.”



Filos Community Services

- [Tutor](#)
- [Befriender for CBP Programme](#)
- [Befriender for MTF Programme](#)
- [Medical Escort](#)
- [Happy Programme Activity Facilitator](#)
- [Monthly Bread Distribution](#)

Bedok Town

- [TRANS Family Service Centre \(Bedok\) - H3 Active Ageing Programme Facilitator](#)
- [TRANS Family Service Centre \(Bedok\) - Befriender & Medical Escort \(Elderly\)](#)

- [The Salvation Army - Peacehaven Day Centres \(Bedok & Changi\)- Outing Befriender \(Elderly\)](#)

[Volunteer with Us Today!](#)

DONATE

Giving Hope to the Community through Giving

If you believe in our cause and would like to further our efforts in reaching out to the community, do [donate now!](#)



Get in Touch

About Filos

Filos Community Services is a not-for-profit social service organization. We focus on building the strengths of the community we live in. We work towards empowering individuals and families to live more fulfilling, meaningful and happier lives.

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