



Building Stronger Communities, *Together*

Filos awarded Charity Transparency Award 2019

3 DEC — Out of 950 charities that were assessed for the Charity Transparency and Governance Awards this year, a total of 67 charities were recognised—the largest number since the awards were introduced in 2016.

Organised by the Charity Council, the Charity Transparency Awards recognises charities with good disclosure practices. Filos was among the 15 small charities, defined as those with a gross annual income below 1 million, that were awarded this honour. [The Straits Times](#) reported this as particularly noteworthy, as small charities often have limited resources and manpower.

Filos is thankful for this recognition and the Board and Staff will continue to strive to have good disclosure and governance practices for the organization. We are thankful for the trust that our donors and volunteers have in us!

Picture Credit: The Charity Council



PROGRAMME HIGHLIGHTS

Dare to Dream - Filos' Bursary and Scholarship Programme

5 DEC — It was heartwarming to see all smiles and cheers from the 10 award recipients and their proud families at the 2019 Filos Bursary Award Night.

One of our recipients, Arina (not her real name), is Primary 4 this year and her dream is to be a lawyer when she grows up. She has been with the Filos Tuition Programme for a year and shared that she enjoys attending the programme because she is able to learn difficult concepts at a comfortable pace. She also enjoys the fun holiday programmes organised by Filos during school holidays.

The night ended on a high note when all the award recipients and their siblings received a Lego set each. These Lego sets were generously donated by Lego Group through South East CDC as part of their #BuildToGive Campaign .

The Filos' Bursary and Scholarship programme aims to not only alleviate financial burdens of needy students, it also motivates them to work hard and achieve their goals! You can support these students in fulfilling their dreams [here!](#)



Volunteer Appreciation Party 2019 - Frozen II Movie Screening

7 DEC — To thank our faithful volunteers, trainers and befrienders for their dedication and “heart” work, Filos invited all of them to a movie screening of Frozen 2 during our annual Volunteer Appreciation Party!!

The invitation was also extended to their friends and families. It felt like a big happy Filos family and everyone enjoyed the time together! There were smiles all round as people munched on their pop corn and huddled together for the group we-fie.

Once again, from all of us here at Filos Community Services, a big thank you to all of our volunteers! Let us continue to grow and contribute meaningfully towards building a stronger community in Kembangan-Chai Chee. For more information on other volunteering opportunities, contact linnet@filos.sg



STORY OF THE MONTH

Ramon – the Neighbourhood Handyman

Ramon came to know about Filos two years ago during a door-to-door outreach of the rental block at which he was staying. He was then a mild-natured gentleman, politely answering our questions and agreeing to keep in touch after the outreach survey. Estranged from his family, he was staying alone in a rental unit.

Ramon agreed to be befriended under Filos' More Than Friends programme, which helps elderly living with chronic diseases to manage their conditions through a healthy lifestyle and compliance to their medications and medical appointments. Ramon was also introduced to social wellness programmes that saw him interacting with other seniors living in the community...

[Read More](#)

UPCOMING EVENT

Come visit our booth at this outreach event!

[ImpAct Festival@Marine Parade Cluster](#)

11 January 2020. 11.00am - 5.00pm .
Wisma Geylang Serai (1 Engku Aman Turn, Singapore 408528)



VOLUNTEERING OPPORTUNITIES

Make a difference in someone's life and volunteer with us today!

If you are thinking of ways to give back to the community beyond making a donation, the next step could be to share your skills or time for a great cause!

Check out the various volunteering opportunities at Filos and within Bedok Town below!

“ We make a living by what we get, we make a life by what we give.”

Filos Community Services

- [Nutritionist](#)
- [Befriender for More Than Friends](#)
- [Befriender for CBP Programme](#)
- [Monthly Bread Distribution](#)
- [Little Sprouts Reading Teacher](#)
- [Medical Escort](#)
- [Happy Programme Activity Facilitator](#)
- [Social Needs Survey 2019](#)

Bedok Town

1. Family, Children & Youth

- [4PM - Mentors / Partnerships / Fundraising](#)
- [Social Service Office @ Bedok - Programme/Activity Organisers](#)



2. Eldercare

Regular

- [General - Medical Escort/Chaperone](#)
- [TRANS Family Service Centre \(Bedok\) - Befriender & Medical Escort](#)
- [GoodLife!@Bedok - Befrienders](#)
- [Moral Seniors Activity Centre \(Kaki Bukit\) - Befrienders](#)
- [NTUC Health - Befrienders in Nursing Home](#)
- [NTUC Health - Hygiene & Maintenance Assistants in Senior Care Centre](#)
- [NTUC Health - Painter or Gardener in Senior Care Centre](#)

Ad-hoc

- [Moral Seniors Activity Centre \(Kaki Bukit\) - Handyman](#)
- [NTUC Health - Activity Coordinators in Senior Care Centres](#)
- [NTUC Health - Outing Coordinators in Senior Care Centres](#)
- [The Salvation Army - Peacehaven Day Centres \(Bedok & Changi\) - Outing Befriender](#)
- [TRANS Family Service Centre \(Bedok\) - H3 Active Ageing Programme & Befriender](#)

3. Special Needs

- [APSN - Events Assistants/Facilitators](#)
- [SUN- DAC \(Bedok South\) - BUDDIES](#)
- [SUN- DAC \(Bedok South\) - CIRCLES for volunteer groups](#)
- [SUN- DAC \(Bedok South\) - Volunteer Driver](#)
- [SUN-DAC \(Bedok South\) - Futsal Assistant Trainer](#)

[Volunteer with Us Today!](#)

DONATE

Giving Hope to the Community through Giving

If you believe in our cause and would like to further our efforts in reaching out to the community, do [donate now!](#)



Get in Touch

About Filos

Filos Community Services is a not-for-profit social service organization. We focus on building the strengths of the community we live in. We work towards empowering individuals and families to live more fulfilling, meaningful and happier lives.

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